

# **student health association**

**representing specialists in student healthcare**

## **74<sup>th</sup> Annual Conference**

**2<sup>nd</sup> – 4<sup>th</sup> July 2023**

**Programme**



**University of  
Nottingham**

Health Service

## Day 1 Sunday 2<sup>nd</sup> July

Early Arrivals    Option to do a Self-Guided Campus Walk

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|-------|---|
| 15.00 | Registration opens at Welcome Point North (L on the campus map)   |
| 18.00 | Drinks reception in the Senate Chamber, Trent Building, University Park (no. 11 on the campus map)      |
| 18.45 | Opening address – <i>Claire Sharpe, Dean of Education, University of Nottingham</i>                     |
| 19.00 | The Nick Malleson Memorial Lecture – <i>Gerry Dawson. Is healthcare ready for a digital revolution?</i> |
| 20.00 | BBQ   |
| 21.00 | Pub quiz  |

## Day 2 Monday 3<sup>rd</sup> July

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|-------------|---|
| 07.00       | Keep Fit Activity – 5km Campus Run. Meet outside the front of Cripps Health Centre at 6:50am  |
| 07.30-08.30 | Breakfast – Cripps Hall Dining Room   |
| 08.00-08.45 | Registration at Monica Partridge Building   |
| 08.45       | Welcome – <b>Room C14</b>   |
| 09.00       | Presidents Morning – <i>Cathy Atkinson. My daughter, Rosie's Journey to Suicide</i> – <b>Room C14</b>   |
| 10.30-10.50 | Refreshments and exhibition stands  |
| 10.50-11.50 | <b>Workshop 1</b><br><br><i><b>Room C10.</b> Liz Willett - Contracts and Managing Term Time Working</i><br><br><i><b>Room C12.</b> Professor Kavita Vedhara - The pivotal role of a student health service in facilitating health research</i><br><br><i><b>Room C14.</b> Carmel McCarthy - POP Update. The new Drospirenone Pill and IUC Provision; improving our service.</i> |
| 12.00-13.00 | <b>Workshop 2</b><br><br><i><b>Room C10.</b> Liz Willett - Managing Workplace Stress, the HR Perspective</i><br><br><i><b>Room C12.</b> Professor Michael Akeroyd and Dr Magda Sereda - Tinnitus and Hearing Health</i><br><br><i><b>Room C14.</b> Professor Will Irving - Hepatitis and Migrant Health Screening for Hepatitis B and C Viruses. Who, How and What Next?</i>    |

13.00-13.45	Lunch
13.45-14.45	<b>Workshop 3</b>  <i>Room C10. Ghazal Ghaffary and Emma Forsyth - Introduction to Coppafeel, and how you can support early diagnosis of breast cancer</i>  <i>Room C12. Dr Jeremy Hill - An Approach to Skin Lesions. Malignant and Non-Malignant Lesions</i>  <i>Room C14. Andrea Cockram - Personality Disorder Pathways. How this links to presenting difficulties and psychological interventions and how they meet treatment needs</i>
15.00-16.00	<b>Workshop 4</b>  <i>Room C10. Liz Willett - Team-Working and Enabling a High-Performance Team</i>  <i>Room C12. Ali Orhan – Orchid. Fighting Male Cancer; Prostate Cancer Workshop</i>  <i>Room C14. Laura Garner - Transgender Healthcare. An overview of Transgender Healthcare in England; services, staff, guidelines and working collaboratively with Primary Care</i>
16.15-17.15	<b>Workshop 5</b>  <i>Room C10. Liz Willett - Managing Grievances / Mediated Outcomes</i>  <i>Room C12. Dr Simon Royal - Primary Care Research Options for Teams That Haven't Got Time</i>  <i>Room C14. Dr Zarina Beg - Wellbeing in the Workplace</i>
18.30	Annual Dinner. Double-decker bus to the Carriage Hall, Plumtree. Meet outside Cripps Health Centre at 18:20
19.00	Drinks reception
19.30	Dinner and Speeches
22.00	Evening entertainment

### Day 3 Tuesday 4<sup>th</sup> July

07.00	Keep Fit Activity – 5km Campus Run. Meet outside the front of Cripps Health Centre at 6:50am
07.30-08.30	Breakfast – Cripps Hall Dining Hall
08.00-08.45	Registration at Monica Partridge Building
09.00-10.00	Annual General Meeting – <b>Room C14</b>
10.00-10.30	Refreshments and exhibition stands
10.30-11.30	<b>Workshop 6</b>  <i>Room C10. Dr Phil Ambrose - Neurology and the Trade Secrets</i>  <i>Room C12. Pete Gray – MSK Facts and Fiction</i>  <i>Room C14. Dr Maria Toleda - Focus on Student Mental Resilience</i>
11.45-12.45	<b>Workshop 7</b>  <i>Room C10. Nabil Shah and Sinead Lodge - Common sports injuries that can be complicated and University Sports Injury Clinic Services: student-led MSK/Rehab clinic; physician led concussion</i>  <i>Room C12. Chloe Fisher / Papyrus - Suicide Prevention. Awareness, Resource, Knowledge.</i>  <i>Room C14. Emily Love – How a Health and Wellbeing Coach works in General Practice followed by a 30-minute Core and Flex Session</i>
12.45-13.45	Lunch
13.45-14.45	<b>Workshop 8</b>  <i>Room C10. Dr Tom Walton - ‘Student Urology’; Female UTI, Ketamine bladder, Acute scrotum, Phimosis, and Premature Ejaculation</i>  <i>Room C12. Sally Cuthbert - Relaxation Workshop</i>  <i>Room C14. Ben Slinn, Nottingham Recovery Network / Framework – Update on new street drugs / drugs of abuse.</i>
15.00-16.00	<b>Workshop 9</b>  <i>Room C14. Dr Tim Baker -First on Scene, Emergency Care</i>
16.00	End of Conference.