

student health association

representing specialists in student healthcare

75th Annual Conference

3rd – 5th July 2024

Programme

Day 1 Wednesday 3rd July

14:00	Early arrival social activity 1. Jesus College self-guided Campus Nature Walk
15:00	Early arrival social activity 2. Punting and Pimms!
16.00	Registration opens at Jesus College, Porters' Lodge
17.30	Drinks reception in the West Courtyard (Brewery Room – if weather wet)
18.15	Opening address – Frankopan Room
18.30	The Nick Malleson Memorial Lecture – Andrew Jenkins from the BBC TV programme the Traitors – Frankopan Room
19.30	Buffet
20.30	Evening entertainment – Mark 'Felicity' Briggs, International Cabaret Artist

Day 2 Thursday 4th July

07.00 Keep Fit Activity

07.30-08.30 Breakfast

08.00-08.45 Registration

08.45 Welcome

09.00 Presidents Morning.

Dr Dominique Thompson. The Road Unravelling – Life after General Practice.

Dr Sarah Crook – Early Years of Interest in Student Mental Health in Britain

10.30-10.50 Refreshments and exhibition stands

10.50-11.50 **Workshop 1**

Dr Martin Knolle – Severe Asthma

Personalised Eating Disorder Support – Prevention, Early Intervention and Building a Life to Get Well for those Experiencing Eating Disorders

Tracy Lumb – Interventions for Student Drug Use

12.00-13.00 **Workshop 2**

Amy Thompson – Student Sexual Violence and Harassment

Professor Andy Hill – Perfectionism and Burnout in Students Project

Dr Lalith Wijedoru – Storytelling in the Workplace; a Strategy for Staff Wellbeing

13.00-13.45 Lunch

13.45-14.45 **Workshop 3**

Dr Tim Baker – How We Deal with Traumatic Events

Dr Katherine Mellanby – HRT Prescribing: Top Tips

Deji Maxwell – Addressing the Surge in Mental Health Challenges Among Students

15.00-16.00 **Workshop 4**

Dr Andrew Tresidder – Health and Self-Care for Health Professionals – Own Oxygen Mask First

Healthtech-01 - AI; Automating Primary Care

Carmel McCarthy – ‘Hormoans’ - Young People’s Concerns around Hormonal Contraception and Barriers to Uptake

16.15-17.15

Workshop 5

Jonathan Wilkinson - Executive Coaching and Leadership; Evolving Leaders in Complex Times

Dr Lalith Wijedoru – Storytelling in the Workplace; a Strategy for Staff Wellbeing

Livia Scott – WONKE. Being a Student in 2024.

18.30

Annual Dinner.

19.00

Drinks reception – The Brewery Room.

19.30

3 Course Dinner. Balcony and Upper Hall, Cloister Court.

22.00

Evening entertainment - DJ and Dancing in the Brewery Room.

Day 3 Friday 5th July

07.00

Keep Fit Activity

07.30-08.30

Breakfast

08.00-08.45

Registration

09.00-10.00

Annual General Meeting

10.00-10.30

Refreshments and exhibition stands

10.30-11.30

Workshop 6

Healthtech-1 - AI; Automating Primary Care

Jane Sedgewick – Inclusive education and healthcare for University students with Attention Deficit Hyperactivity Disorder (ADHD): Is it just ‘Woke Washing’?

11.45-12.45

Workshop 7

Ed Day - Students and Addictions

Jane Sedgewick – Inclusive education and healthcare for University students with Attention Deficit Hyperactivity Disorder (ADHD): Is it just ‘Woke Washing’? conti.....

12.45-13.45

Lunch

13.45-14.45

Workshop 8

Dr Dom Thompson - Media Training for Primary Care – Top Tips from a Non-Expert!

Owen Moore – Current Clinical Concepts in Tendinopathy – the Busy GP Version!

Concrete Rose – Supporting Care Experienced and Estranged Students to Thrive at University

15.00-16.00

Workshop 9

Kamilla Kamaruddin – Trans Health Care and Health Inequalities

16.00

End of Conference