



Cultural Considerations in Contraceptive Counselling and General Contraception Update

Friday 14th March 2025. Cripps Health Centre Nottingham

In-person Study Day 11am-3pm. £60 Members / £70 Non-members

Key Topics:

1. Language & Terminology

- Understanding culturally sensitive communication
- Avoiding stigmatizing language

2. Statistics & Reports

- Global contraceptive usage and trends
- Cultural and regional disparities

3. History of Contraception

- Evolution of contraceptive methods
- Intersection of culture and contraceptive development

4. Clinician Counselling

- Recognising implicit biases
- Addressing stigma in practice

Why Attend?

Build empathy and understanding in contraceptive counselling

Learn to address cultural barriers effectively

Equip yourself with tools to provide unbiased and inclusive care

We are delighted to be able to offer members of The Student Health Association a half-day seminar delivered by Simphiwe Sesane, Experienced Medical Educator and Nurse Consultant within Sexual and Reproductive Health, and HIV with a special interest in Women's Health, Diversity, Inclusion and Health Equity. Sim is the founder and CEO of Black Nurses and Midwives UK.

To book your place please email hayley.bembridge@nhs.net

